3rd Degree Black Belt Essay - The Journey

Take time and answer the following questions on how the Journey to 3rd Degree Black Belt has impacted your life.

1. Why did you originally start your training?
2. What has the journey to 3rd Degree Black Belt meant to you?
3. What hurdles have you had to overcome, and what did you do to overcome them?
4. What triumphs have you had in your journey?
5. How has your goals changed over the last 24 months?
6. If you were talking to a new student, how would you describe the journey to Black Belt?
7. If you were talking to a new 2nd Degree Black Belt, what would you tell them?
8. When you get your next rank, what are your future plans and goals for the next belt?

Use the back if you need more space